Протокол WPL DNIPRO GRIP CHALLENGE 21.03.2021 PINCH BLOCK

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| H | № | выс. | **ФАМИЛИЯ, Имя** | год | Собств. | **Армлифтинг** | | | | **PINCH BLOCK** | | | | Прис. |  | | | | **Сумма** |
| H | ст. | рожд | вес | 1 | 2 | 3 | **итог** | 1 | 2 | 3 | **итог** | Жим | 1 | 2 | 3 | **итог** |
| **P** |  |  | **Поток** | **1** | 00-00 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **G** |  |  | **Группа** | **1** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **SF** |  |  | **Женщины** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **C** |  |  | **70** | **RAW** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **F** | 10 |  | **Королева Ирина** | 1980 | ***65,70*** |  |  |  |  | *15,/0* | *17,5* | *0,0* | **17,5** |  |  |  |  |  | **17,5** |
| **F** | 16 |  | **Жиркова Елена** | 1976 | ***57,90*** |  |  |  |  | *15,/15* | *17,5* | *20,0* | **37,5** |  |  |  |  |  | **37,5** |
| **C** |  |  | **70+** | **RAW** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **F** | 12 |  | **Ивченко Анастасия** | 1986 | ***75,00*** |  |  |  |  | *17,5/17,5* | *19,5* | *22,0* | **41,5** |  |  |  |  |  | **41,5** |
| **F** | 21 |  | **Васюк Анна** | 1994 | ***79,80*** |  |  |  |  | *17,5/17,6* | *19,5* | *22,0* | **41,5** |  |  |  |  |  | **41,5** |
| **C** |  |  | **90** | **RAW** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **M** | 1 |  | **Грунский Дмитрий** | 1988 | ***85,10*** |  |  |  |  | *27,5* | *27,5* | *0,0* | **55,0** |  |  |  |  |  | **55,0** |
| **M** | 19 |  | **Харченко Иван** | 1990 | ***93,40*** |  |  |  |  | *17,5* | *22,0* | *22,0* | **44,0** |  |  |  |  |  | **44,0** |
| **C** |  |  | **100** | **RAW** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **M** | 17 |  | **Марченко Сергей** | 1989 | ***99,10*** |  |  |  |  | *32,0* | *37,0* | *0,0* | **74,0** |  |  |  |  |  | **74,0** |
| **M** | 7 |  | **Патапенко Дмитрий** | 1987 | ***91,00*** |  |  |  |  | *30,0* | *35,0* | *0,0* | **70,0** |  |  |  |  |  | **70,0** |
| **M** | 4 |  | **Алмаз Кирилл** | 1994 | ***98,60*** |  |  |  |  | *27,5* | *30,0* | *0,0* | **60,0** |  |  |  |  |  | **60,0** |
| **C** |  |  | **100** | **RAW** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **M** | 14 |  | **Гоголь Дмитрий** | 1976 | ***101,00*** |  |  |  |  | *30,0* | *30.0* | *0,0* | **60,0** |  |  |  |  |  | **60,0** |
| **M** | 13 |  | **Литвин Александр** | 1981 | ***108,50*** |  |  |  |  | *27,5* | *30,0* | *0,0* | **60,0** |  |  |  |  |  | **60,0** |
| **C** |  |  | **110+** | **RAW** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **M** | 11 |  | **Митрюхин Никита** | 1976 | ***135,00*** |  |  |  |  | *25,0* | *30,0* | *0,0* | **60,0** |  |  |  |  |  | **0,0** |
| **M** | 5 |  | **Храмов Анатолий** | 1987 | ***101,90*** |  |  |  |  | *20,0* | *25,0* | *30,0* | **60,0** |  |  |  |  |  | **60,0** |
| **M** | 18 |  | **Прежин Николай** | 1981 | ***122,00*** |  |  |  |  | *30,0* | *35,0* | *0,0* | **70,0** |  |  |  |  |  | **70,0** |
| **C** |  |  | **70** | **RAW** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **M** | 22 |  | **Кардашов Николай** | 1974 | ***69,10*** |  |  |  |  | *20,0* | *25,0* | *30,0* | **25,0** |  |  |  |  |  | **25,0** |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

В графе суммы указана лучшая сумма поднятия правой и левой руки

В таблице попыток если в графе указано одно число и отмечено зеленым цветом значит попытка одинаково успешна на обе руки